

AMPARITA ROCA

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Record: CD, The World Of Lateinamerikanische Tänze Timing: q,q,q,q; exceptions noted
Rhythm & Phase: PD, soft V (Rev Fallaway Slip, Grand Circle, Sixteen) Footwork: opp., exceptions noted
Sequence: INTRO – A – B – C – D – D(1-14) – END Speed: 41 rpm (Winamp -10%)

INTRO

1 - 6 (6 FEET APART, TRAIL FEET FREE) WAIT 2;; CROSS POINT WITH ARMS 3X CLOSE & HOLD;;

BASIC FWD & BK;;

- 1-2 Fcg ptr & WALL 6 feet apart trl feet, wait 2 measures;;
- 3-4 XRif of L, pt sd L sweep R arm sdw, XLif of R, pt sd R sweep L arm sdw; XRif of L, pt sd L sweep R arm sdw, cl L to CP, hold;
- 5-6 Appel R, fwd L, fwd R, fwd L; Bk R, bk L, bk R, bk L;

PART A

1 - 4 SEPARATION;; CHASSE RIGHT; ATTACK;

- 1-2 Appel R, fwd L, cl R, cl L; Step in pl R, L, R, L; [W(1-2): Appel L, bk R, bk L, cl R; Fwd L, fwd R, fwd L, fwd R;]
- 3-4 Sd R, cl L, sd R, cl L; Appel R, fwd L turn ¼ LF, sd R, cl L CP LOD;

5 - 8 SEPARATION;; CHASSE RIGHT; CHASSE LEFT;

- 5-8 Repeat actions measures 1-3 PART A;;; Appel R, sd L, cl R, sd L;

PART B

1 - 4 REV FALLAWAY SLIP INTO TELEMARK;; THRU & QUICK CHASSE THRU; SLOW CHASSE TO PU & TCH;

- 1-2 Slip appel R, fwd L trn LF, sd & bk R, XLIB of R in SCP RLOD; Bk R twd COH trn LF to CP LOD [W: Fwd L slip LF into M to CP RLOD], fwd L com LF trn, sd & arnd R compl ¾ LF trn [W: heel trn], fwd L to SCP DLW;
- 3-4 Thru R, sd L/cl R trn 1/8 LF to SCP LOD, sd L, thru R; [Timing (3): q, q&, q, q;]
Sd L trn 1/8 LF, cl R, sd L trn 1/8 LF, tch R CP LOD;
[W(4): Sd R start trn LF to CP, cl L cont trn, sd R finish trn to CP, tch L;]

5 - 8 REV FALLAWAY SLIP INTO TELEMARK;; THRU & QUICK CHASSE THRU; SLOW CHASSE TO PU & TCH;

- 5-8 Repeat actions measures 1-4 PART B;;;;

PART C

1 – 4 ATTACK; ECART; PROMENADE CLOSE; CHASSE RIGHT:

1-2 CP LOD appel R, fwd L turn ¼ LF, sd R, cl L; Appel R, fwd L, sd R, XLib of R;

3-4 Thru R, turn to fc ptr in CP cl L, sd R, cl L; Repeat actions measure 3 PART A;

5 – 9 ATTACK; ECART; GRAND CIRCLE 9 – STEP TO FC TCH & HOLD:::

5-6 CP COH repeat actions measures 1-2 PART C to SCP WALL::;

7-9 SCP fwd R leave L in pl, unwind LF both heels slightly lifted leaving both feet almost in pl,;; Cont unwind LF,;;; Cont unwind LF, sd L to fc, tch R, -; [W (7-9): In SCP fwd L start LF circ arnd ptr, cont circ fwd R, fwd L, fwd R; Cont circ fwd L, fwd R, fwd L, fwd R; Cont circ fwd L, step fwd R to fc, tch L, -;]

PART D

1 – 4 SIXTEEN:::

1-4 Appel R, sd L to SCP, thru R trng RF, sd & bk L to CP; Bk R with R shld ld, cont bk L outsd ptr trng RF, cl R in CP, in place L; In place R, L, R, L; In place R, L, R, L; [W(1-4): Appel L, sd R to SCP, thru L, fwd R; Fwd L, fwd R, fwd L trng ½ RF, rec R; Fwd L, fwd R trng ½ LF, rec L, fwd R; Fwd L trng ½ RF, rec R, fwd L trng ¼ LF to fc ptr, cl R;]

5 – 8 SEPARATION::; ELEVATIONS UP & DOWN::;

5-8 CP COH repeat actions measures 1-2 PART A;; Bring jnd ld hnds up over head looking RLOD sd R, cl L, sd R, cl L; Circ jnd ld hnds down & out to end at waist level palms ptg down looking LOD sd R, cl L, sd R, cl L;

9 – 12 PROMENADE::; CHASSE LEFT; ECART:

9-10 CP COH appel R, sd L to SCP, thru R trng RF, sd & bk L to CP; Bk R with R shld lead, bk L outsd ptr, bk R trng RF to CP Wall, cl L; [W(9-10): Appel L, sd R to SCP, thru L, fwd R; Fwd L, fwd R, fwd L trng RF to CP, cl R;]

10-12 Repeat actions measure 8 PART A; Repeat actions Measure 2 PART C;

13 – 16 PROMENADE CLOSE TWICE::; ELEVATIONS UP & DOWN::;

13-16 Repeat actions measure 3 PART C; From CP swvl to SCP and repeat actions measure 3 PART C; Repeat actions measures 7-8 PART D;;

END

1 - 2 ELEVATION UP IN 6 & POINT THRU::;

1-2 Bring jnd ld hnds up over head looking RLOD sd R, cl L, sd R, cl L; Sd R, cl L/swivel slightly LF on L keep upper body as parallel as possible, pt thru R twd LOD & look same way, circ jnd ld hnds down & out to end at waist level palms ptg down, hold;