

DOWNTOWN TRIPLE CHA

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Record: STAR - 117 A, available thru Palomino Records (Flip "Reet Petite")

Rhythm & Phase: Cha Cha, IV +2 (Switch, Double Cuban Breaks) +1 unphased (Triple Chase)

Timing: 1, 2, 3&, 4; except where noted

Footwork: Opposite except where noted

Sequence: INTRO - A - B - C - INTER - A - B - C - END

INTRO

1 - 4 WAIT 2;; CIRCLE IN 4 CHAS;;

1-2 Wait in V bck-to-bck Pos, M fc DLC, hnds on hips, lead feet free;;

3-4 Fwd L/lck RIB of L, fwd L, fwd R/lck LIB of R, fwd R; Fwd L/lck RIB of L, fwd L, fwd R/lck LIB of R, fwd R;

(Timing measures 3-4: 1&2,3&4; 1&2,3&4; M dances LF circle ending in BFLY fc Wall, W has RF circle, both work arms in a latin way at waist level while dancing the circle.)

PART A

1 - 4 ALEMANA;; NEW YORKER; SPOT TRN;

1-2 Rck fwd L, rec R, sd L/cl R, sd L; Rck bk R, rec L, sd R/cl L, sd R;

[W (1-2): Rck bk R, rec L, sd R/cl L to R, sd R commence RF swivel; Cont RF trn under jnd lead hnds fwd L, cont RF trn fwd R, sd L/cl R, sd L to LOP;]

3 Rck thru L twd RLOD, rec R, sd L twd LOD/cl R, sd L;

4 XRIF of L twd LOD, rec L & trn LF, sd R twd RLOD/cl L, sd R;

5 - 8 HALF BASIC; WHIP & TWIRL; NEW YORKER; SPOT TRN;

5-6 Rck fwd L, rec R, sd L/cl R, sd L; Rck bk R trn ¼ LF, rec L trn LF LOD/COH, sd R twd LOD/cl L, R;

[W (5-6): Rck bk R, rec L, sd R/cl L, sd R; Fwd L outside ptr, fwd R trn ½ LF, under jnd lead hnds twirl full LF trn sd & fwd L/R, L to LOP]

7-8 Repeat actions measures 3-4 PART A;;

PART B

1 - 4 NEW YORKER INTO TRIPLE CHAS;; AIDA INTO BACK TRIPLE CHAS;;

1-2 Rck thru L, rec R, sd L/cl R, sd L trn to OP; Trn slightly away from ptr fwd R/lck LIB of R, fwd R, trn twd ptr tch lead hnds fwd L/lck RIB of L, fwd L; (Timing measure 2: 1&2, 3&4;)

3-4 Thru R commence RF trn, sd L cont RF trn to aida pos bk R/lck LIF of R, bk R; Trn bodies slightly twd ptr bk L/lck RIF of L, bk L, trn to aida pos bk R/ lck LIF of R, bk R in aida pos; (Timing measure 4: 1&2, 3&4;)

5 - 8 SWITCH TO THE CRAB WALKS;; DOUBLE CUBAN BREAKS;;

5 Trng LF to fc ptr sd L checking bring jnd hnds thru, rec R, in BFLY XLIF of R/trn LF to fc ptr sd R, XLIF of R;

6 Sd R, XLIF of R, sd R/cl L, sd R;

7-8 In BFLY XLIF of R/rec R, sd L/rec R, XLIF of R/rec R, sd L; XRIF of L/rec L, sd R/rec L, XRIF of L/rec L, sd R;

PART C

1 - 3 FENCE LINE TO OPEN; CHARGE TRN INTO TRIPLE CHAS.;

- 1 In BFLY lunge thru XLIF of R look dir of lunge, rec R, sd L/cl R, sd L to OP;
- 2 Release trail hnds & reach fwd R, trn ½ LF & rec L join lead hnds, fwd R/lck LIB of R, fwd R;
- 3 Fwd L/lck RIB of L, fwd L, fwd R/lck LIB of R, fwd R; (Timing measure 3: 1&2, 3&4;)

4 - 7 CHARGE TRN INTO TRIPLE CHAS.;; CHARGE TRN INTO TRIPLE CHAS.;

- 4 Release lead hnds & reach fwd L, trn ½ RF & rec R join trail hnds, fwd L/lck RIB of L, fwd L;
- 5 Fwd R/lck LIB of R, fwd R, fwd L/lck RIB of L, fwd L; (Timing measure 5: 1&2, 3&4;)
- 6-7 Repeat actions measures 2-3 PART C

8 - 9 SPOT TRN; UNDERARM TRN;

- 8 Release lead hnds XLIF of R commence RF trn, rec R cont RF trn to fc ptr, sd L/cl R, sd L;
- 9 Rck bck R as lift lead arms up to lead W into RF underarm trn, rec L, sd R/cl L, sd R;
[W (9): XLIF of R under jnd lead hnds trng ½ RF, rec R cont trn RF to fc ptr, sd L/cl R, sd L;]

INTER (TRIPLE CHASE)

1 - 2 (START TRIPLE CHASE) HE TRNS; BOTH TRN;

- 1 Fwd L trn ½ RF fc Wall, rec fwd R, fwd L/lck RIB of L, fwd L; [W (1): Rck bck R, rec L, fwd R/lck LIB of R, fwd R;]
- 2 Fwd R trn ½ LF fc COH, rec fwd L, fwd R/lck LIB of R, fwd R;
[W (2): Fwd L trn ½ RF fc COH, rec fwd R, fwd L/lck RIB of L, fwd L;]

3 - 6 (FINISH TRIPLE CHASE) BOTH TRN INTO TRIPLE CHAS.;; HE TRNS INTO TRIPLE CHAS.;

- 3 Fwd L trn ½ RF fc Wall, rec fwd R, fwd L/lck RIB of L, fwd L;
- 4 Fwd R/lck LIB of R, fwd R, fwd L/lck RIB of L, fwd L; (Timing measure 4: 1&2, 3&4;)
- 5 Fwd R trn ½ LF fc COH, rec fwd L, fwd R/lck LIB of R, fwd R; [W (5): Rck fwd L, rec R, bck L/lck RIF of L, bck L;]
- 6 Fwd L/lck RIB of L, fwd L, fwd R/lck LIB of R, fwd R; (Timing measure 6: 1&2, 3&4;)

END

1 - 2 HALF BASIC TO OPEN; STEP THRU & TRN TO BCK-TO-BCK, HOLD & PRESENT ARMS;

- 1-2 Rck fwd L, rec R, sd L/cl R to L, sd L trn to OP LOD; Step Thru R twd LOD & trn LF to V bck-to-bck, hold one beat and when the music starts again present arms in a big gesture (rgt arm in front at shlder level and lft arm up over head).