

THE BOLERO WAY

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Record: CD, Kenny G, I'm In The Mood For Love, Track 2, The Way We Were or various downloads

Rhythm & Phase: BO, V Footwork: opposite except where noted

Sequence: INTRO - A - B - C - A - INTER - B - C - END

INTRO

1 - 2 WAIT 2;;

1-2 In LOP WALL trl ft free wait;;

PART A

1 - 4 LUNGE BREAK; SYNC HIP RKS; LEFT SD PASS; STEP SD TO SYNC REV TWIRL;

1-2 Sd & fwd R, -, lower into R knee, rise; Sd & bk L, -, rec R/rk sd & bk L, rec R;

[W (1-2): Sd & bk L, -, bk R, rec L; Sd & fwd R, -, rec L/rk sd & fwd R, rec L;]

3-4 Sd L, -, slip bk R comm LF trn, rec L trn to FC COH; Sd R to OP LOD, -, fwd L/sd R fc COH, cl L;

[W (3-4): Sd R trn ¼ RF, -, sd & fwd L strong LF trn, bk R keep trng LF to fc ptr; Keep Trng LF sd & fwd L twd LOD, -, sml fwd R spin ¾ LF to fc ptr/sd & fwd L twd LOD, sml fwd R spin ¾ LF to fc ptr;]

5 - 8 NEW YORKER; UNDERARM TRN TO R HNDSHK; ½ MOON;;

5-8 Sd R comm RF trn, -, rk thru L, rec bk R to fc COH; SD L, -, rk bk R, rec L to R HNDSHK; Sd R, -, chk thru L, rec R;

Sd L, -, slip bk R comm LF trn, rec L trn to FC WALL R HNDSHK;

[W (6-8): Sd R comm RF trn undr jnd ld hnds, -, fwd L cont RF trn, fwd R cont RF trn to fc ptr; Sd L comm LF trn, -, rk thru R, rec bk L to fc ptr; Sd R trn ¼ RF, -, sd & fwd L strong LF trn, bk R keep trng LF to fc ptr;]

Timing PART A: Sqq; Sq&q; Sqq; Sq&q; Sqq; Sqq; Sqq; Sqq;

PART B

1 - 4 CONTRA BREAK; TRNG BASIC;; QUICK BREAK IN 4;

1-2 Still R HNDSHK sd R, -, chk fwd L, rec R to CP; Sd & fwd L chg hnds to CP, -, slip bk R comm LF trn, rec L trn to CP fcg COH; [W (1-2): Sd & bk L, -, chk bk R heel up, rec L; Sd R trn slightly RF to CP, -, sd & fwd L strong LF trn, bk R keep trng LF;]

3-4 Sd R, -, rk fwd L, rec R; Rk bk L, rec & sd R, rk fwd L, rec R;

5 - 8 R PASS; FWD BREAK; UNDERARM TRN; NEW YORKER;

5-8 Sd & fwd L comm RF trn, -, ld Lady to trn LF undr jnd ld hnds XRib of L cont trn, fwd L to LOP fcg COH; Sd R, -, rk fwd L, rec R; Repeat actions meas 6 & 5 of PART A with different alignment and no R HNDSHK;;

[W (5): Fwd R, -, fwd L comm LF trn undr jnd ld hnds, sd & bk R compl LF trn fcg ptr;]

Timing PART B: Sqq; Sqq; Sqq; qqqq; Sqq; Sqq; Sqq; Sqq;

PART C

1 - 5 AIDA PREP; AIDA LINE & RK 2; SWVL TO FC & FENCE LINE; HORSESHOE TRN;;

1-2 Sd L trn to OP LOD, -, thru R trn to FC, sd & bk L to LOP RLOD; Rk bk R to Aida Line, -, rec L, rk bk R;

3-5 Rec L & swvl LF to fc ptr, -, chk thru R, rec L; Sd R to OP RLOD, -, chk thru L, rec R; Fwd L lift ld hnds comm LF trn, -, fwd R cont trng LF, fwd L to fc DLC ld hnds still up;

[W(5): Fwd R comm RF trn undr jnd ld hnds, -, fwd L cont trng RF, fwd R compl trng to fc WALL;]

6 - 9 MAN UNDER BOTH FC LOD; BK WALK 3; SWITCH TO FC & SLOW HIP RK; REV RIFF TRN;

6-9 Keep trng LF fwd R chg sd undr jnd ld hnds, -, fwd L keep trn LF to fc DRC, fwd R chg hnds and trn to OP LOD; Bk L, -, bk R, bk L; Trn ¼ RF to fc ptr & WALL rk sd R, -, rk sd L to R HNDSHK, -; Sd R, cl L, sd R, cl L; 1st time thru chg to LOP 2nd time thru stay in R HNDSHK

[W(6-9): Step Fwd in a RF circle L, -, R, L trn to OP LOD; Bk R, -, bk L, bk R; Trn ¼ LF to fc ptr rk sd L, -, rk sd R to R HNDSHK, -;]

Timing PART C: Sqq; Sqq; Sqq; Sqq; Sqq; Sqq; Sqq; SS; qqqq;

INTER

1 - 2 SLOW HIP RK; REV RIFF TRN;

1-2 Still R HNDSHK rk sd R, -, rec L, -; Sd R, cl L, sd R, cl L;

[W(1-2): Still R HNDSHK rk sd L, -, rec R, -; Sd & fwd L comm LF trn, cl R compl full LF trn to fc ptr, sd & fwd L comm LF trn, cl R compl full LF trn to fc ptr;]

Timing INTER: SS; qqqq;

END

1 - 3 CONTRA BREAK; START TRNG BASIC INTO OP HINGE;;

1-3 Repeat actions meas 1 Part B; Sd & fwd L chg hnds to CP, -, slip bk R comm LF trn to fc LOD, -; Sml sd & fwd L to HINGE LINE, -, place R hnd of Lady on your L shld and extend L arm, -;

[W(2-3): Sd R trn slightly RF to CP, -, sd & fwd L strong LF trn, -; Sd & bk R, -, XLIB of R well undr body to HINGE LINE & extend L arm, -;]

Timing END: Sqq; SS; S, -; (music retards and all steps are danced a little slower than usual)

SUGGESTED HEADCUES

Sequence: INTRO A B C A INTER B C END

INTRO Wait 2 Trail Feet Free;;

PART A Lunge Break; Sync Hip Rk; Left SD Pass; Step SD with Sync REV Twirl;
New Yorker; Undrarm Trn to R HNDSHK; ½ Moon;;

PART B Contra Break to CP; Trng Basic;; Qk Break in 4;
R SD Pass; Fwd Break; Undrm Trn; New Yorker;

PART C Aida Prep; Aida Line & Rk 2; Swivel to FC & Fence Line;
Horseshoe Turn;; Man Under Both fc LOD; Bk Walk 3;
Slow Switch & Rec to R HNDSHK; Rev Riff Trn;

INTER Slow Rock 2; Rev Riff Trn;

END Contra Break to CP; Start the Trng Basic into an OP Hinge FC LOD;;