

# KURZ-CUESHEETS ZUR FIGURENBESCHREIBUNG

## SLOW FOXTROT

Die Abfolge der Choreographien ist im Sinn einer Lehrreihenfolge aufgebaut. Die angegebene Reihenfolge setzt voraus, dass vorher Langsamer Walzer unterrichtet wurde. In den Choreographien sind alle Figuren rot markiert, die gegenüber den vorhergehenden Choreographien neu sind **und** noch **nicht** aus dem Langsamen Walzer bekannt sein sollten.

## YOU BELONG TO ME

Record: CD, Face The Music by Ross Mitchell, You Belong To Me, Track 6  
Choreographer: Schmidt Rhythm/Phase: FX, IV

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**Sequence: INTRO A A B A C B A\* TAG**

INTRO (CP DLC) Wait 2;; Step Fwd & Pt; Step Back & Pt;  
PART A **Rev Turn;; Whisk; Wing to DLW;**  
Cross Hover BJO; Cross Hover SCAR; Cross Hover SCP;\* **Feather;**  
PART B Rev Turn;; **Three Step; Half Natural Turn;**  
Impetus SCP LOD; In & Out Runs;; Feather;  
PART C Telemark SCP; In & Out Runs;; Feather;  
Rev Turn;; Hover; Feather;  
Telemark SCP; In & Out Runs;; Feather;  
Rev Turn;; Hover; Feather;  
END Thru & **Drift Apart;**

## BERKELEY SQUARE FOXTROT

Record: SP  
Choreographer: B. & N. Slomcenski Rhythm/Phase: FX, IV

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**Sequence: INTRO A A B A B A END**

INTRO (LOP FCG WALL) Wait 2;; **to Rev Thru Hover;** Feather;  
PART A Rev Turn;; Three Step; Half Natural Turn;  
Spin Turn; **Feather Finish;** Telemark SCP;  
In and Out Run;; Feather;  
PART B **Diamond Turn 3/4;;; Half Box Back to SCAR;**  
Cross Hover BJO; Cross Hover SCAR; Cross Hover SCP;  
Feather;  
END Telemark SCP; **Step Thru, Quick Apart & Point;**

# STRANGER ON THE SHORE

Record: Roper 283 A  
Choreographer: S. & G.-J. Rotscheid

Rhythm/Phase: FX, IV

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**Sequence: INTRO A B C A B C A END**

INTRO (LOP FCG DRW) Wait 2;; Step Tog Touch; Feather Finish;  
PART A Three Step; Half Natural Turn; **Closed Impetus;** Feather Finish;  
Diamond Turn;;;;  
PART B Telemark SCP; Open Natural Turn; Impetus SCP;  
**Promenade Weave;;** Three Step; Half Natural Turn;  
Hesitation Change;  
PART C Rev Turn;; **Quick ¼ Diamond Turn in 4;** Dip & Rec;  
Rev Turn;; Quick ¼ Diamond Turn in 4; Dip & Rec;  
END Telemark SCP; **Chair & Hold;**

# AS TIME GOES BY

Record: CD Klaus Hallen, HR 93 04 03  
Choreographer: Bradl Rhythm/Phase: FX, IV +1 (Change of Sway)

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**Sequence: INTRO A B A B\* END**

INTRO (LOP FCG DLW) Wait 2;; Step Tog Touch; Feather Finish;  
PART A Rev Turn;; Three Step; Half Natural Turn;  
Impetus SCP; Promenade Weave;; Change Of Dir;  
**Rev Wave;; Back Feather, Back Three Step;**  
Impetus SCP; Promenade Weave;; Change Of Dir;  
PART B Telemark SCP; Open Natural; Impetus SCP; In & Out Runs;;  
**Chair, Rec, Slip; Open Rev Turn;** Feather Finish;  
Three Step; Half Natural Turn; Closed Impetus; Feather Finish;  
Open Rev Turn; Feather Finish; Whisk;\* Feather;  
END **Thru to Promenade Sway; Change of Sway;**

# FLY ME TO THE MOON

Record: CD, Ross Mitchell, Gold Standard 2, Track 23  
Choreographer: Kolshorn Rhythm/Phase: FX, IV

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**Sequence: INTRO A A B A\* END**

INTRO (CP DLW) Wait 2;; Hover; Feather;  
PART A Rev Turn;; Three Step; Half Natural Turn;  
Back Feather; **Hover Corte; Back Whisk;** Wing;  
Rev Wave;; Closed Impetus; Feather Finish;\*  
Diamond Turn;;;;  
PART B Telemark SCP; In & Out Runs;; Feather;  
Rev Turn;; Three Step; Feather;  
Three Step; Half Natural Turn; Closed Impetus; Feather Finish;  
Diamond Turn;;;;  
END Diamond Turn  $\frac{3}{4}$ ;;; **Back & SD Corte;**

# ALL I DO

Record: Roper 408  
Choreographer: Wright Rhythm/Phase: FX, IV

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**Sequence: INTRO A B A B\* END**

INTRO (OP FCG DLW) Wait 2;; Apart & Point; PU & Touch;  
PART A Three Step; Half Natural Turn; Closed Impetus; Feather Finish;  
Rev Turn;; Whisk; Feather;  
Telemark SCP; In & Out Runs;; Twice;;  
**Fwd Hover Lady Trn to Bjo; Back Hover Lady Trn to SCP;**  
PU, SD, Close;  
PART B **Rev Turn Half;** Hover Corte; Back Whisk; PU, SD, Close;  
Rev Wave;; Closed Impetus; Feather Finish;  
Diamond Turn;;;;  
Telemark SCP; Open Natural; **Outside Change SCP;**\* PU, SD, Close;  
END Thru, Apart & Point;

# SEPTEMBER FOXTROT

Record: SP NC 106  
Choreographer: Wayne & Donna Slotsve Rhythm/Phase: FX, IV +2 (Curved Feather, Change Of Sway)

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**Sequence: INTRO A A B A C A END**

INTRO (FCG POS WALL/ Arms across chest)  
Wait 2;; **Sway L & R; Roll 4 to Close;**

PART A Hover; **Chair & Rec;** Promenade Weave;;  
Three Step; Half Natural Turn; Closed Impetus; Feather Finish;

PART B Telemark SCP; **Curved Feather Check;** Back Feather; Back Three Step;  
Hesitation Change; **Back Whisk (one Step);** Promenade Weave;;

PART C Rev Wave;; Impetus SCP; Half Natural Turn;  
Outside Change SCP; Thru, SD, Behind; Roll 3; Chair, Rec & Slip;

END Hover; Chair & Rec; Roll 3 down Rev; **Thru, Flair, Thru;**  
**Step to Promenade Sway;** Change of Sway;

# SLOW BOAT TO CHINA

Record: CD – Ross Mitchell – The Rainbow Collection – Track 11 (On A Slow Boat To China)  
Choreographer: Kohlshorn Rhythm/Phase: FX, IV +1 (Natural Weave)

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**Sequence: INTRO A A B A\* END**

INTRO (LOP FCG DLW) Wait 2;; Step Tog Touch; Feather Finish;

PART A Rev Turn;; Three Step; Feather;  
Three Step; Half Natural Turn; Closed Impetus; Feather Finish;  
Diamond Turn;;;;  
Telemark SCP; **Natural Weave;;\*** Change Of Dir;

PART B Rev Wave;; Back Feather; Back Three Step;  
Open Impetus; Promenade Weave;; Hover;  
Feather; **Closed Telemark; Natural Weave;;**  
Three Step; Half Natural Turn; Closed Impetus; Feather Finish;

END **Fwd & Right Lunge;**

# ANYTHING BUT LOVE FOXTROT

Record: Download Amazon, I Can't Give You Anything But Love, New Stanton Band  
Choreographer: Slater Rhythm/Phase: FX, IV +1 (Curved Feather) +1 (Bounce Back Feather)

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## Sequence: INTRO A B INTER A B END

INTRO (CP DLW) Wait 2;; Sway L & R; Change Of Dir;  
PART A Rev Turn;; Three Step; Curved Feather Check;  
Back Feather; Feather Finish; Hover; Feather;  
Diamond Turn;;;  
Closed Telemark; Curved Feather Check;  
**Bounce Back Feather; Weave End;**  
PART B Whisk; Feather; Rev Wave;;  
Back Feather; Outside Check; Weave End; Change Of Dir;  
Turn Left & R Chasse; Bk Feather; Feather Finish; Whisk;  
Thru Chasse SCP; Promenade Weave;; Change Of Dir;  
INTER Telemark SCP; Chair, Rec & Slip;  
END Telemark SCP; Chair, Rec & Slip; **Rev Fallaway; Slip to R Lunge;**

# SHE'S NOT YOU

Record: Collectables DEP 1-10011  
Choreographer: J. & B. Callen Rhythm/Phase: SF, IV +1 (Check & Weave)

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## Sequence: INTRO A A B A C B A\* END

INTRO (CP/LOD) Wait 3 PU Notes,,,  
PART A Three Step; Manuver, SD, Close; 2 Right Turns;;  
Whisk; Half Natural Turn; Spin Turn; Feather Finish;  
PART B Left Turning Box;;;  
Rev Turn Half; **Check & Weave;;** Change of Dir;  
PART C Diamond Turn;;;  
Telemark SCP; Natural Hover Fallaway; Slip Pivot to BJO; PU in 3;  
PART A\* Three Step; Manuver, SD, Close; 2 Right Turns;;  
Whisk; Half Natural Turn; Overspin Turn; Box Finish;  
END Whisk; Wing; Telemark SCP; Chair & Hold;

# WITCHCRAFT IV

Record: Hctor 652  
Choreographer: K. & I. Slater

Rhythm/Phase: FX, IV +1 (Check & Weave)

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## Sequence: INTRO A A B A B A\* END

INTRO (LOP FCG DLW) Wait 2;; Step Tog Touch; Feather Finish;  
PART A Rev Turn;; Three Step; Open Natural Turn;  
Impetus SCP; Promenade Weave;;\* Change of Dir;  
PART B Rev Wave;; Impetus SCP; Feather;  
Rev Turn Half; Check & Weave;; Turn Left & Right Chasse;  
Outside Change BJO; Half Natural Turn;  
Closed Impetus; Feather Finish; **Diamond Turn 2 Measures checkit;;**  
Weave End to CP LOD; Dip & Rec;  
END Fwd & Right Lunge;

# DREAM ON, LITTLE DREAMER

Record: Download Amazon, Dream On, Little Dreamer, Perry Como,  
Choreographer: Gloodt Rhythm/Phase: FX, IV +2 (Check & Weave, Hinge)

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## Sequence: INTRO A B A B C A B END

INTRO (BFLY DRC) Wait 2;; Back Twisty Vine 4; Hest Change;  
PART A Rev Turn Half; Check & Weave;; Change Of Dir;  
Telemark SCP; In & Out Runs;; Feather;  
PART B Open Rev Turn; **Outside Check;** Back Feather; Feather Finish;  
Three Step; Half Natural Turn; Closed Impetus; Feather Finish;  
PART C Diamond Turn;;;;  
Turn L & R Chasse; Back Locksteps; Impetus SCP; PU with a Lock;  
END Telemark SCP; **Thru to a Hinge;**

# WATCH OVER ME FOXTROT

Record: CD, Ross Mitchell, Gold Standard 2, Someone To Watch Over Me, Track 22  
Choreographer: Goss Rhythm/Phase: FX, IV+1 (Hover Cross Ending)

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**Sequence: INTRO A B C B\* END**

INTRO (FCG WALL NO HANDS)  
Wait 1; **Slow Rocks Twice to CP;;** Hover SCP;

PART A Feather; Rev Turn;; Three Step;  
Half Natural Turn; Closed Impetus;  
Back Hover SCAR; **Hover Cross Ending;**  
Telemark SCP; Open Nat; Outside Swivel Twice; Impetus SCP;  
Wing; Open Rev Turn; **BK to the Left Whisk; Unwind in 4 to DLC;**

PART B Rev Wave;; Back Feather; Back Three Step;  
Impetus SCP; Promenade Weave;; Change of Dir;  
Diamond Turn 2 Measures checkit;;  
Outside Change SCP; Chair, Rec & Slip;  
Telemark SCP; In & Out Runs;;\* **Thru, Vine 2 to Half OP;**

PART C<sup>1</sup> **Step Point, 4 Times;; Roll 3 down LOD to FC; Slow Rocks;**  
**Rev Roll 3; Slow Rocks; Vine 4; SD, Draw, Close to Half OP;**  
Step Point, 4 Times;; Roll 3 down LOD to FC; Slow Rocks;  
Rev Roll 3; Slow Rocks; Vine 4; Fwd & PU;

END Thru to Promenade Sway; Change of Sway;

<sup>1</sup> Die Sequence muss erklärt werden, sollte aber zu diesem Zeitpunkt der Ausbildung weitestgehend nach cues tanzbar sein.

# THIS IS THE LIFE

Record: CD "The Best Of Slowfox Music", Casa Musica  
Choreographer: Rumble Rhythm/Phase: FX, IV +2 (Lilt, Curved Feather)

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**Sequence: INTRO A B C A B C END**

INTRO (BFLY, Trail Feet Free) Wait 1; **Quick Thru to a Serpiente;;** Feather;

PART A Telemark SCP; Curved Feather Check;  
**Outside Swivel,-, Lilt PU to RLOD; Slow Right Lunge;**  
Back Locksteps; Impetus SCP; Promenade Weave;;  
Three Step; Half Nat Turn; Closed Impetus; Feather Finish;  
**Quick Fallaway to BJO;** Weave Ending; Hover; Feather;

PART B Rev Wave;; Back Feather; Back Three Step;  
Impetus SCP; **Whiplash to BJO;** Back Hover SCP; Feather;

PART C Rev Turn;; Hover; Quick Thru to a Serpiente;;  
**Both Cross in Front & Unwind;** Hover; Feather;

END Diamond Turn;;; Telemark SCP; Quick Thru to a Serpiente;;  
Thru Vine 4 to BFLY; Chair & Hold;

# THE FOXTROT WAY

Record: REXL (Flip of PAPILLON)  
Choreographer: M. & R. Schmidt

Rhythm/Phase: FX, V

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**Sequence: INTRO A B C D C INTER A C END**

INTRO (LOP DLW) Wait 1; Step Tog Touch; Feather Finish; Telemark SCP;  
PART A **Natural Hover Cross;;** Telemark SCP; **Natural Hover Fallaway Weave;;**  
Three Step; Half Natural Turn; Hesitation Change;  
PART B Rev Turn;; Three Step; Half Nat Turn;  
Impetus SCP; Promenade Weave;; Change of Dir;  
PART C Double Rev Spin; **Curving Three Step; Back Curving Three;** Three Step;  
Half Natural Turn; Impetus SCP; Promenade Weave;;  
PART D Three Step; Feather; Three Step; Open Natural Turn;  
Back Feather; Back Three Step; Impetus SCP; Feather;  
INTER Rev Turn Half; Check & Weave to DC;; Telemark SCP;  
END Rev Turn Half; Check & Weave to DC;; Telemark SCP;  
Thru to Promenade Sway; Change of Sway;

# MORE FOXTROT

Record: CD, The Best Of Nat King Cole  
Choreographer: J. & K. Bradl

Rhythm/Phase: FX, V

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**Sequence: INTRO DANCE END**

INTRO (LOP DLW) Wait 2;; Step Tog Touch; Feather Finish;  
DANCE Rev Turn;; Three Step; Half Natural Turn;  
Closed Impetus; Feather Finish; Telemark SCP; Feather;  
**Hover Telemark;** Open Nat; Impetus SCP; Feather;  
Three Step; **Right Lunge, Rec, Slip;** Rev Turn;;  
Hover Telemark; Natural Weave;; Whisk;  
Step Thru to Promenade Sway; Change of Sway;  
Rev Turn Half; Check & Weave;; Change of Dir;  
**Rev Fallaway & Slip;** Curving Three Step; Back Three Step; Back Feather;  
Feather Finish; Three Step; Natural Hover Cross;;  
Rev Turn;; Three Step; Half Natural Turn;  
Impetus SCP; Promenade Weave;; Change of Dir  
Rev Fallaway & Slip; Curve in 3; Back Three Step; Back Feather;  
Feather Finish; Three Step; Natural Hover Cross;;  
END Double Rev Spin; Three Step; Right Lunge, Rec, Slip; Rev Turn;;  
Hover Telemark; Natural Weave;; Whisk;  
Thru to Promenade Sway; Change of Sway;

# ORIENT EXPRESS

Record: Roper JH 406 A



**Sequence: INTRO A A B B END**

INTRO (Shadow Pos/Left Feet Free) Wait 1; Forward Hover;  
Feather Finish; **PU Transition;**

PART A Rev Turn;; Three Step; Half Natural Turn;  
Impetus SCP; Feather; Double Rev Spin; Curving Three Step;  
Back Curving Three Step; Three Step; Natural Hover Cross;;  
**Top Spin;** Whisk; Open Natural Turn; Hesitation Change;

PART B Telemark SCP; Natural Fallaway Weave;; Three Step;  
Natural Weave;; Reverse Wave;;  
Closed Impetus; Feather Finish; Telemark SCP; Open Natural Turn;  
Impetus SCP; Promenade Weave;; Change of Dir;

END Telemark SCP; **Chair & Tilt;**

**REAL LIVE GIRL**

Record: SP  
Choreographer: B. & N. Slomcenski

Rhythm/Phase: FX, V

**Sequence: INTRO A B A B END**

INTRO (LOP DLW) Wait 2;; Tog, Touch; Feather Finish;

PART A Rev Turn;; Three Step; **Nat Telemark;**  
**Zig Zag 4; Cross Swivel to BJO Check;** Impetus SCP; Feather;  
Telemark SCP; In and Out Run to SCP;; Chair, Rec & Slip;  
Rev Turn Half; Check & Weave;; Change of Dir;

PART B Rev Wave;; Closed Impetus; Feather Finish;  
Top Spin; Three Step; Nat Weave;;  
Curving 3 Step; Back Curving 3 Step; Three Step; **Hairpin;**  
Bounce Back Feather; Weave 4; Hover Telemark;  
Nat Hover Cross;; Rev Turn Half; Hover Cortè; **Outside Swivel & PU;**

END Rev Turn;; Three Step; Nat Weave;; Fwd & Right Lunge;

# FOXTROT TONIGHT

Record: ROPER 172  
Choreographer: Bill & Carol Goss

Rhythm/Phase: FX, V

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**Sequence: INTRO A B A B END**

INTRO (Shadow Pos DLW/Right Feet Free) Wait 2;;  
**Roll 3 to the Wall; Chair, Rec & Slip (Man Transition);**

PART A Reverse Turn;; Three Step; Natural Weave;;  
Top Spin & Checkit; Back Feather; Feather Finish;  
Hover Telemark; Open Natural Turn; **Slow Outside Aerial Swivel;**  
Promenade Weave;; Three Step; Half Natural Turn; **Heel Pull;**

PART B Double Rev Spin; Telemark to SCP; Chair, Rec & Slip; Rev Turn Half;  
**Check & Weave 5 with a Hinge Ending;; Hover Exit;** Feather;  
Three Step; Half Natural Turn; Closed Impetus; Feather Finish;  
Rev Wave;; Back Feather; Back Three Step;  
Impetus SCP; Feather;

END Reverse Turn;; Three Step; Natural Weave;;  
**Top Spin in 3 & Hinge;**

# WARM & WILLING

Record: SP  
Choreographer: Childers/Slovtsse

Rhythm/Phase: FX, V+1 (Natural Hover Cross checked to ...)

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**Sequence: INTRO A B C B A\* TAG**

INTRO (Wrap Shadow Line/R feet free) Wait 1;  
**Rock SQQ; Roll the Lady out (Man trans); Roll Across to SCP;**

PART A Feather; Rev Turn Half; Check & Weave;;  
Three Step; **Nat Hover Cross checked to Continous Hover Cross;;;\***  
Telemark SCP; Feather; Hover Telemark; Whiplash;  
**Double Fallaway to BJO;** Quick Feather Finish; Telemark SCP;  
Chair, Rec & Slip;

PART B Rev Wave;; Closed Impetus; Feather Finish;  
Telemark SCP; Nat Hover Cross;; Telemark SCP;  
Nat Weave;; Whisk; Wing SCAR;  
Turn Left & Right Chasse; Outside Change SCP; SCP Chasse;  
**1. Thru, Fan & Touch; 2. Thru, Fan but Step to SCP;**

PART C Hover Telemark to Handshake; Open Natural; **Chasse & Underarm Turn;**  
Hover Telemark to Handshake; Open Natural; Chasse & Underarm Turn;  
Hover SCP; Feather; Diamond Turn;;;; Telemark SCP;  
Natural Hover Fallaway Weave;; Change of Dir;

TAG Telemark SCP; **Thru & Wrap Trans;**